

Codex for *Sanctuary*

(This is the first version and it will be adjusted at our meetings in 2025)

INTENTION

A spiritual community living in harmony with body, mind, each other, and Nature.

Rebuilding the village of Fet and becoming self-sustaining in every way.

Creating the best possible life for children.

Building a tiny town with traditional craft workshops.

Structure

1. Spiritual Foundation and Community Practice
2. Learning and Teaching – A Place for Growing
3. Community
4. Environment and Working with Nature
5. The Land and the Heritage
6. Organisation and Laws
7. Practical Living and Technology
8. Ownership and Economy
9. Leaving *Sanctuary*
10. Exclusion and Expelling
11. Dissolving *Sanctuary*
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0. Spiritual Foundation

We are beings of light – awareness that shines from our bodies.

Developing our highest potential together is at the core of *Sanctuary*.

Together we will cultivate and strengthen our minds and bodies through daily meditation, bodywork such as qi gong and yoga, singing, dancing, and shared meals. We will also host frequent events, ceremonies, courses, and healing processes.

We all carry wounds and traumas, which may lead to conflicts and crises. Therefore, healing and self-development are natural parts of growing ourselves and the community.

The initial spiritual sources are Zen, Anthroposophy, Shamanism, and Daoism. From these roots, and the gifts, knowledge, and insights of each member, we will develop our own ways.

Our community practice will grow like a living plant, developing every day.

1. Learning and Teaching – A Place for Growing

We will learn about ourselves, relationships, community life, conflict resolution, healing, working together, carrying out projects, and practising many different crafts and skills. We will also unlearn conditioned habits, thought patterns, and limiting beliefs.

We will share the knowledge we have, and invite teachers and experts to hold courses. Every day we will develop our wisdom, knowledge, and heart.

The education of children in *Sanctuary* will be inspired by Anthroposophy.

Conflicts are an inevitable opportunity to learn about ourselves and each other. The protocol for learning from conflicts is:

- Forgive the other and oneself
- Speak with the other directly
- Seek counsel from a good friend or elder
- Speak with the Conflict Consultant
- Participate in a 1:1 session
- Use Forum Theatre – community problem-solving

Learning and practising communication and conflict resolution will be part of a weekly evening class.

2. Community

We will have daily practices and eat together in the mornings and evenings. Traditions following the cycles of Nature, along with special occasions, will mark the passage of time.

In the evenings we will gather for meetings, cultural events, workshops, and club activities such as art, music, board games, and storytelling.

3. The Land and the Heritage

We hold Nature in high respect and will work to minimise harmful impact while exploring ways of harmonious living and farming.

We will connect and work with the spirits of Nature – the mountains, forests, springs, animals, Mother Earth, Father Heaven – and honour those who lived here before us.

We will research and revive the traditional Catalan crafts and ways of living, learning from them and bringing them back to life.

4. Homes and Buildings

The community building will be the core of *Sanctuary*. It will house our kitchen and hall for practice, gatherings, and teaching. In time, we will build a larger community hall.

In the beginning, we will live in tiny houses while we rebuild the village.

We will restore the old village core with workshops facing the street. The second floors will contain family homes and collective housing for elders, youth, guests, and students.

We will also establish:

- A bath and wash house
- A healing and medical clinic
- A library and study space
- A Children's House (kindergarten and school)
- A merchant space

The first workshops will be carpentry, followed by blacksmithing, herbalism, pottery, weaving, alchemy (basic chemistry), brewing, basketry, cheesemaking, glassblowing, leatherwork, tanning, barbering, dyeing, tinkering, and bow-making.

We will also have a barn, chicken house, and stable.

A humanure compost pile will safely transform waste into fertiliser.

5. Organisation and Laws

Sanctuary is a non-profit association.

Our organisation is inspired by Zen monasteries and indigenous tribes.

The Circle of all members is the highest authority in *Sanctuary*.

When agreement cannot be reached, the issue will be taken to the Circle of Elders, Experts, or Youth (each ideally 3–6 members, with a chosen leader). They will present their insights to the Circle.

If no solution is found, the Elders may make a temporary decision. When possible, there will be a full day of reflection on the issue, followed by a meeting. This process may be repeated up to three times, or until agreement is reached.

If urgent decisions are required, or if agreement still cannot be reached, the Seed members or the six key position-holders (Treasurer, Guardian, Conflict Consultant, Leader of the Elders, Leader of the Youth, Speaker for *Sanctuary*) will decide.

In everyday life, decisions are made by the person responsible for the field, e.g., the Master of Tech and Tools.

Community positions carry authority, mandate, and responsibility. These include: Leader of Circle Meetings, Practice Instructor, Speaker for *Sanctuary*, Master Builder, Master Farmer, Master of Gardens, Caretaker of Water, Treasurer/Quartermaster, Teacher of Children, Caretaker of Younger Children, Guest Host, Animal Handler, Master of Tech and Tools, Guardian (Security and Safety), Community Chef, Conflict Consultant, and others to be defined.

Positions last for six months. The outgoing person is responsible for training and advising the next.

The Circle elects position-holders, who then carry responsibility for leading and making things work.

When working in an area (e.g., building), it is imperative to follow the responsible leader's instructions. Teams must follow their leader for efficiency, though debate about plans is always welcome.

§1. Harming children is strictly forbidden. We are all children of Mother Earth.

6. Practical Living and Technology

We will live off-grid and, in many ways, embrace medieval methods of living.

Our farming and gardening will be inspired by biodynamics and permaculture.

Use of machinery will be limited.

7. Membership, Ownership, and Economy

Sanctuary will have different tiers of engagement, described through a plant metaphor:

- **Tier 0: The Seed** – founding members
- **Tier 1: Light and Water** – guests, students, visitors
- **Tier 2: The Stem** – after 3+ months of living and working (follower)
- **Tier 3: The Leaves** – after 6+ months of living and working (supporter)
- **Tier 4: The Flowers** – after 1–2 years of living and working (member)
- **Tier 5: The Fruits** – being born in *Sanctuary*

All buildings belong to *Sanctuary*, yet the builder has the right of use (usufruct).

Founding members will donate at least €1,000 to *Sanctuary* and finance their own tiny house. They commit to giving 16 hours of work per week or paying €80/month in rent. If not using the tiny house, it must be available for renting to guests or students, reducing the monthly rent.

Members (Tiers 0, 4, and 5) have decision-making power in the Circle. Others may speak but not vote. Tier 1 people may only attend Circle meetings if invited.

Approval by the Circle is required to advance to Tiers 2, 3, or 4.

Members will receive housing, food, and pocket money. They may work within the community or in society. In the latter case, 80% of their income is donated to *Sanctuary* and the rest kept as pocket money. If this amount is less than what community workers receive, *Sanctuary* will provide the difference.

Income from products made by *Sanctuary* belongs fully to the community.

Tiers 1, 2, and 3 will pay for their stay and lodging, through work and/or fees.

Community members have free access to courses and events. Outsiders must pay.

The ecovillage and land are rented. *Sanctuary* has first right to buy if the 40-year rental contract is not renewed.

Houses belong to *Sanctuary*. Builders are granted usufruct (right of use) for houses, gardens, fields, and community tools. Tiny houses financed by individuals remain theirs to use until they move; later, they may be transformed into storehouses as part of the rebuilding plan.

Those who rebuild their own ruin-house cover all costs themselves.

Sanctuary will generate income through courses, crafts, services, patronage (virtual members), and crowdfunding.

8. Leaving *Sanctuary*

For Seed members:

- Withdrawing before building a tiny house: €500 returned
- Withdrawing within the first year: may sell the house for the cost of materials and paid work
- Withdrawing in the second year: may sell the house for half of material and work costs
- Withdrawing after three years: no compensation

If you have rebuilt your own ruin-house, it can only be sold back to *Sanctuary*. The price will equal the standard rebuilding cost per m² in *Sanctuary*, payable in up to four instalments over one year.

9. Exclusion and Expelling

For the health of the community, exclusion or expulsion may be necessary. The Circle decides this, or in urgent cases, the Guardian and Counsellor (to be confirmed later by the Circle).

Grounds for exclusion/expulsion include:

- Deliberate harm to children, animals, or nature
- Theft, violence, harassment, or threats
- Deliberate destruction of private or *Sanctuary* property
- Refusal to participate in conflict-resolution processes
- Repeated refusal (3+ times) to work or share income
- Repeated refusal (3+ times) to follow work or office leader's instructions

Before exclusion/expulsion, the Circle will issue a warning and request a change in conduct. If no change occurs, exclusion or expulsion may follow.

10. Dissolving *Sanctuary*

There will be no dissolving. There will be Ascendance.